



2nd & 4th Wednesday each
Month

2:00 – 3:00 p. m.

Bayview Senior Center
2000 E. Lloyd St, Pensacola, FL
850-436-5190

aquina@cityofpensacola.com

For FREE Call Consults/Questions
& Answers

Call: **Debbie RN**
Assisting Seniors
970-545-0954



CAREGIVER SUPPORT GROUP

STARTS OCTOBER 8th 2025

KNOW THAT YOU ARE NOT ALONE!

Are you feeling isolated or
burned out as a Care Partner?
Do you experience frustration
or guilt and need a safe place
to process and relieve stress?

FREE & OPEN TO THE PUBLIC

JOIN US FOR:

Opportunities / Share your Feelings
Develop Friendships
Receive Emotional Support
Available Community Resources
Guest Speakers
Take advantage now!

Share Experiences

Discover Resources & Support

Exchange Advice

Learn how people in similar situations handle problems...what works & what does not!